





















		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
		<b>HOW IS MY ENGLISH</b>					
	I know the names of the vegetables I grow						
	I know the names of vegetables when I see them in pictures						
<b>CARROT</b>	I can read the names of vegetables						
	I can write the names of the vegetables I grow						
	I can name 4 herbs						
	I know the names of the tools I use on my farm						
	I can tell my customers how to cook the vegetables they buy from me						
	I can talk to my customers when I see them						
	I can talk to my wholesale customers when I deliver						



		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
	I can talk to my wholesale customers on the phone						
	I can make my own CSA receipts						
	I can make my own wholesale receipts						
	I can order seeds from a catalogue						
<b>67, 68, 69, 70</b>	<b>NUMBERS, MONEY and DIRECTIONS</b>						
	I can read and write my numbers from 1 to 100						
	I can make correct change at the farmers' market						
	I always have enough change at the market						
	I can read and write a check						
	I can use a calendar						
	I can write and recognize dates						




		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
	I am good at being on time						
	I can get somewhere new with a map						
	I can get somewhere new with written directions						
	I can get somewhere new with a GPS						
	<b>MARKETING</b>						
	I have a cash box						
	I can write my own price signs or price list						
	I can drive myself to market						
	I can use a scale						
	I can manage my market stand by myself						
	I keep track of my sales at market in my record keeping book						
	I know who my market manager is						

		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
	I can fill out a farmer's market application						
	I know how to find a new market and apply for it						
	<b>IRRIGATION and MULCH</b>						
	I water my plants when they need water						
	I water my plants at the soil level instead of on top of the plants						
	I use mulch on some plants						
	I use black plastic on the plants that need extra heat						
	<b>HARVESTING</b>						
	I know when my vegetables are ready to harvest						




		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
	I know when my vegetables are too old or taste too bad to harvest						
	I taste my lettuce before I harvest it when the weather is hot						
	I wash my vegetables very well for my customers						
	I keep my vegetables as cool and protected as I can after I harvest them						
	I have the best tools for harvesting						
	I have a pitch fork for harvesting carrots						
	I have enough boxes and crates for harvesting						
	I never put my mouth on rubber bands or plastic bags when I am harvesting and						




		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
	I throw vegetables that did not sell at market in the compost bin						
	I clean up my mess after washing my vegetables						
	I drain my wash tub when I am finished washing my vegetables						
	I always have enough boxes for CSA and wholesale						
	I always have enough rubber bands						
	I always have enough plastic bags						
	<b>FARM MANAGEMENT</b>						
	I use hand tools well						
	I use the BCS						
	I use my own rototiller						
	I use the mower						




		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
	I keep my farm weeded						
	I stake my tomatoes						
	I use fish fertilizer						
	I know when to fertilize tomatoes, eggplant, and peppers						
	I know how to use North Country Organic fertilizer						
	I mow a crop down as soon as it is finished (ex - when my radishes get too tough to eat)						
	I plant successions of most of my crops						
	I keep my farm free of trash all the time						
	<b>SOIL CARE</b>						
	I know how to test my soil						
	I know how to read my soil test						





		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
	I know how to follow the recommendations on my soil test						
	I can order my own soil ammendments						
	I can put soil ammendments on my farm by myself						
	I can order my own cover crop seeds						
	I can plant my own cover crop seeds						
	I know why cover crop is important for keeping my soil healthy						
	<b>GREENHOUSE</b>						
	I plant my seeds in the greenhouse at the right time						
	I label all of my trays of seedlings						
	I can buy my own trays, pots, and soil						



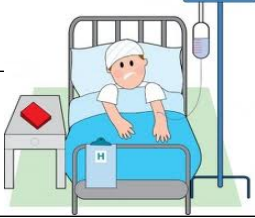



		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
	I make sure that my seedlings get enough water but not too much						
	I can call the propane company to order more propane to keep the greenhouse warm						
	I know how to read the dial on the propane tanks to know when they are getting low						
	I put only one seed in each cell when I am planting in the greenhouse						
	I know how to give my seedlings the right amount of fertilizer in the greenhouse						
	I know how to prevent flies from getting out of control in the greenhouse						

		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
	I know at least two ways of trying to keep rodents out of the greenhouse						
	I know why it is important to roll the sides of the greenhouse up on warm, sunny days and down before the sun sets in the spring						
	<b>TRANSPLANTS and DIRECT SEEDING</b>						
	I know when to transplant my seedlings outside						
	I know when to direct seed outside						
	I know how to transplant my seedlings so that they do not wilt and look sad after transplanting						

		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
	I know the correct spacing for all of my crops						
	I know when I need to thin certain direct seeded crops if I planted them very thick						
	<b>FARM PLANNING</b>						
	I change where I plant certain crops every year to keep my soil healthy (ex: corn) and to prevent disease (ex: tomatoes)						
	I have a map or records of where I plant all of my crops every year						
	I decide how much of each crop to plant based on how well it sold last year						

		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
<p><b>50 tomatoes or 500 tomatoes?</b></p>  	I plant only how much of a crop I think I need instead of planting all of my seeds just because I have the seeds						
	I order enough seeds and transplants to keep my CSA customers happy for an entire season						
	I know what my customers like to buy at each of my markets						
	I plant only as much land as I can take care of						
 	<b>PESTS</b>						
	I can name at least three pests						
	I know how to deal with the pests at my farm						

		2012		2013		2014	
		Farmer	Staff	Farmer	Staff	Farmer	Staff
	I use row cover to help control pests on brassicas						
<b>ODDS AND ENDS</b>							
<b>BRASSICA FAMILY</b>	I know which vegetables are in the same family						
	I can make changes at the farm to get more wholesale						
	I can keep the wash station clean so my customers don't get sick						
<b>1 acre Lisbon organic</b>	I NEVER use the garbage can lid to carry or wash vegetables in						
	I can tell people about my farm - how much land, where it is, it is organic						
	I know how to look for land to rent or buy						

# I CAN DO IT!!!



**1** I can't do this by myself



**2** I can do it with a lot of help



**3** I can do it with a little bit of help



**4** I can do this all by myself

